

Groupwide periodic health checkup results

Priority Issues	Setting KPIs	Change					
			FY2021	FY2022	FY2023	FY2024	2025年度
Preventing lifestyle-related	Adequate weight maintenance rate	Male	64.1%	64.5%	64.7%	63.0%	63.5%目標
		Female	63.0%	67.8%	68.6%	62.3%	63.0%目標
	Blood pressure	Total	84.0%	80.4%	78.4%	76.1%	76.5%目標
	Liver function	Total	77.1%	77.7%	75.1%	74.0%	74.5%目標
	Lipid	Total	54.9%	55.3%	53.8%	51.5%	52.0%目標
	Blood sugar	Total	84.7%	82.3%	81.5%	78.1%	78.5%目標

■ Adequate weight maintenance rate : BMI 18.5 to less than 25

■ Lipid : Neutral fat less than 150 mg/dl, LDL cholesterol less than 120 mg/dl, and HDL cholesterol more than 40 mg/dl

■ Blood pressure : Systolic less than 130 mmHg and diastolic less than 85 mmHg

■ Blood sugar : Fasting blood glucose less than 100 mg/dl

■ Liver function : AST less than 31, ALT less than 31, and γ-GT less than 51