

Groupwide periodic health checkup results

Priority Issues	Setting KPIs	Change				
			FY2020	FY2021	FY2022	FY2023
Preventing lifestyle-related	Adequate weight maintenance rate	Male	61.7%	64.1%	64.5%	65.0%Target
		Female	67.7%	63.0%	67.8%	68.2%Target
	Blood pressure	Total	82.4%	84.0%	80.4%	84.0%Target
	Liver function	Total	74.2%	77.1%	77.7%	78.0%Target
	Lipid	Total	50.4%	54.9%	55.3%	55.7%Target
	Blood sugar	Total	79.6%	84.7%	82.3%	84.2%Target

- Adequate weight maintenance rate : BMI 18.5 to less than 25
- Lipid : Neutral fat less than 150 mg/dl, LDL cholesterol less than 120 mg/dl, and HDL cholesterol more than 40 mg/dl
- Blood pressure : Systolic less than 130 mmHg and diastolic less than 85 mmHg
- Blood sugar : Fasting blood glucose less than 100 mg/dl
- Liver function : AST less than 31, ALT less than 31, and γ -GT less than 51