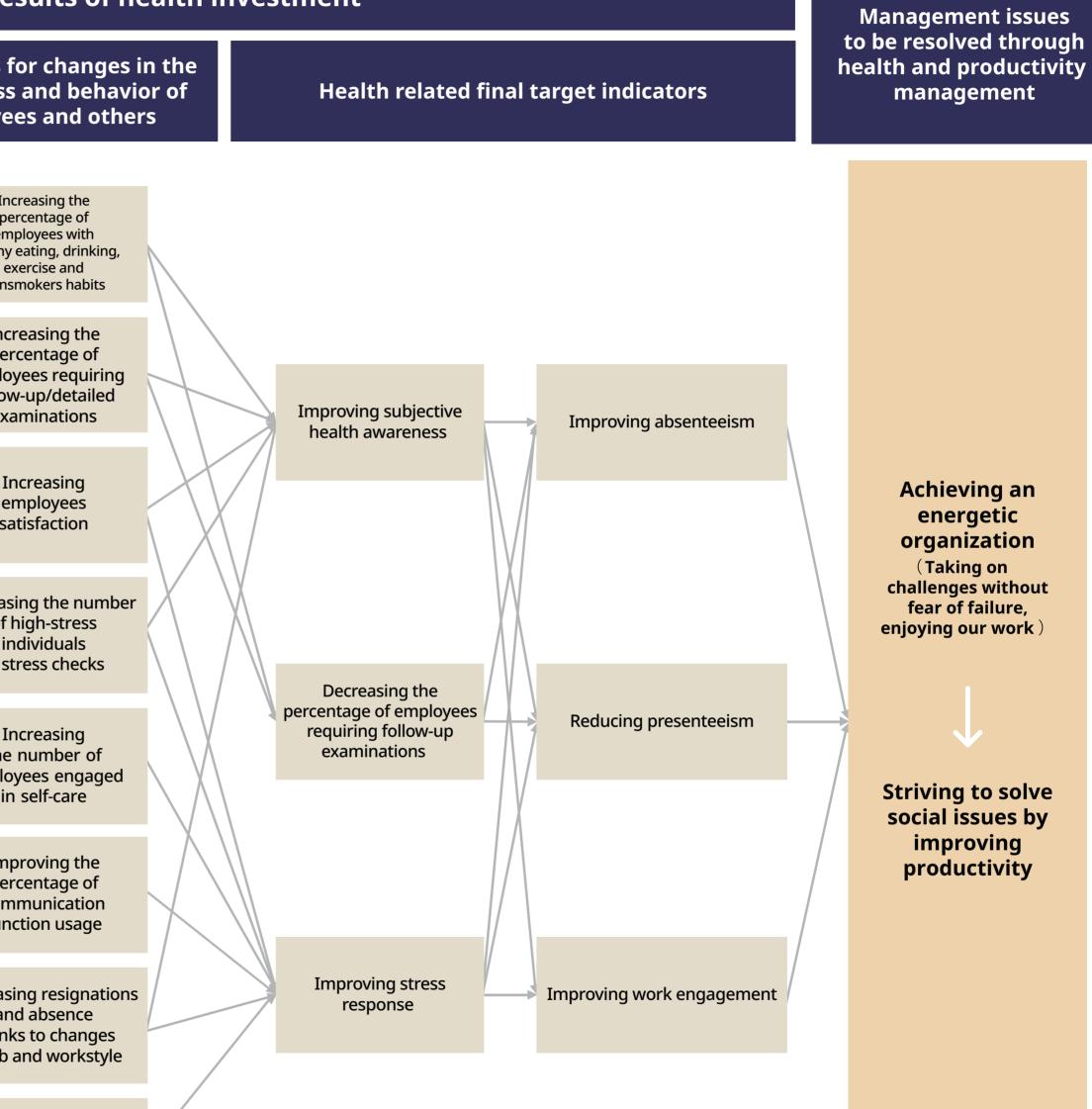
エスプールグループ 健康経営戦略マップ

Health investment			Res			
			Indicators for the status of health investment measures		aw	Indicators fo awareness a employee
Health investment linked to various benefits		Communicating information on health promotion (diet, sleep, women's health, etc.)		Increasing the access to health information and the percentage of seminar attendance		Incre perc empl healthy e exe nonsm
Implementing periodic health checkups Establishing a health care room		Conducting health guidance after health checkups and specific health guidance internally		Increasing the percentage of employees receiving health guidance		Incre perc employe follow- exar
		Establishing an employee cafeteria		Increasing utilization		Inc em sat
		Implementing group analysis of stress checks		Increasing the percentage of participation in workplace environment improvement briefing		Decreasir of hi ind in stre
Adopting programs to support employees taking and returning from leave	\rightarrow	Providing educational opportunities on mental health	 	Increasing the percentage of employees attending health literacy training		Inc the r employ in s
		Deployment of internal communication apps		Increasing registrants and the percentage of logins		Impr perc comn funct
		Communicating information on D&I Providing opportunities for flexible workstyle and career development		Increasing the percentage of consultants on workstyle		Decreasin and thanks in job ar
Establishing a D&I Promotion Group Promoting workstyle reforms		Managing daily working hours Encouraging employees to take annual paid leave	 	Decreasing overtime hours Increasing rates of employees taking paid leave		Increa o

esults of health investment



easing hours of sleep